



CN METROPOLE

**METROPOLE
DIVING**



**CUP
2024**

**The Club Natación Metropole has the pleasure to invite you to the
43° Torneo Internacional de Saltos
Ciudad de Las Palmas de Gran Canaria, Metropole Diving Cup
to be held in our Club on December the 28th and 29th, 2024**

CONTACT INFORMATION

Quique Martínez

Competition and Event Director

Tel: + 34 619 287 134

Email: divingcup@cnmetropole.com

Hugo Durán

Sport Secretary

Email: secretariadeportiva@cnmetropole.com

REGISTRATION DEADLINE

Entries must be received by 12:00 noon on Wednesday 18th, December 2024.

DIVERS REGISTRATION

All the diving sheets must be filled up electronically. To submit the diving sheets, please beginning December, visit:

www.diverecorder.co.uk/onlinesheets

EVENT CONDITIONS

(Fina rules for all events)

- There will be individual competitions for senior, A and B group divers in 1m, 3m and platform
- The divers from A group could participate also in the senior events.
- The divers from B group could only compete in their own age group event
- Ocasional requests for C divers to participate in B competitions will be consider

Age Group Events	Senior Events
<u>Group A:</u> 1m, 3m & platform <u>Group B:</u> 1m, 3m & platform	1m, 3m & platform



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TECHNICAL MEETING

The Technical Meeting will take place at 10:00 on Friday 27th December 2024 in the Meeting Room of the Club Natación Metropole.

AWARDS

- There will be medals for the best three divers in each event of every category.
- There will be trophies for the best scored dive in every category

LODGING

Occidental Las Palmas

C. León y Castillo, 244, 35005 Las Palmas de Gran Canaria, Las Palmas

Phone +34 828124322

Web https://www.barcelo.com/es-es/occidental-las-palmas/?utm_source=google&utm_medium=organic&utm_campaign=my_business&utm_content=12093

Room Prices We will send this information soon

HOTEL BOOKING

The booking will be made through CN Metropole

MEALS

- The CN Metropole has a pool bar and a restaurant where you can have lunch and dinner.





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FACILITIES

- The pool has two 1m springboards, two 3m springboard and platforms from 1m, 5m and 10m.
- We have a gym for dryland exercises with a trampoline with security belt an air track and mats.
- The diving pool has 1 jacuzzi and a shower in the 3m platform.
- **We also have 4 brand new boards "Maxiflex Model B" and 4 "All New Short Stands". Being the CN Metropole one of the few clubs with that last generation anchor and fulcrum assembly system**

